



St. Anne's C.E. (VC) Primary School

"Together with God, Making Learning a Life Long Friend"

14th February 2020

FOR THE ATTENTION OF THE PERSON WITH PARENTAL RESPONSIBILITY

RE : SWIMMING

Year 5 will be starting swimming this year on a Friday morning, completely in school time at Biddulph Swimming Pool. This will start on Friday, 28th February and will run until Friday 10th July 2020.

Please send your child with the appropriate equipment:

- One-piece swimsuit (girls) or swimming trunks (boys)
- Swimming hat for all girls
- Towel

If your child has a verruca, please send them with a verruca sock in addition to the above.

Please find attached Guidance Notes we have been asked by Entrust Swimming Services to forward to parents concerning goggles.

Should you have any queries concerning these notes, please speak to Mr Jones.

Swimming is part of the P.E. National Curriculum and is a vital skill for all children to learn. **All children are expected to take part in this aspect of learning. If your child is unable to swim on the Friday, for whatever reason, please send in a note so the same can be attached to the swimming register.**

Yours sincerely,

Mr. E.J. Hobson
Headteacher

RE: Y5 SWIMMING LESSONS

Child's Name: _____

Year: 4

I confirm I have Parental Responsibility and understand that my *son/daughter will be transported to and from Biddulph Valley Leisure Centre for their swimming lessons, starting on 28th February, 2020.

Signed: _____ **Date:** _____

Please Print: _____ **Contact No:** _____

St Anne's C.E (V.C.) Primary School, Brown Edge, Stoke on Trent, Staffordshire ST6 8TA

Telephone Number: 01782 503102

headteacher@st-annes-browndedge.staffs.sch.uk



Swimming Services

Policy guidelines for the use of swimming goggles in lessons delivered by Swimming Services.

1. Goggles are not necessary within short curriculum swimming lessons (typically 20 to 25 minutes water time) or for single, short races in school galas
2. Goggles are intended for use in long, regular swimming sessions when:
 - a. the eyes would be exposed for long periods to the effects of the chemicals in the water
 - b. the tissue around the eyes does not dry out between training sessions and thus becomes more susceptible to infection
3. For reasons of Safe Practice in Sport, it is recommended that the use of goggles should not be allowed unless a school is satisfied that a pupil has 'exceptional circumstances' – ie, through involvement in long and frequent training sessions, outside school hours, or if the individual has particularly sensitive eyes, or for some other exceptional circumstance.
4. Wet plastic can be slippery and, frequent, incorrect or unnecessary adjustment or removal of goggles, such as pulling them away from the eyes instead of sliding them over the forehead, could cause an eye injury and parents should be made aware of this risk.
5. In crowded water space there is an increased likelihood of accidental collision that may lead to eye injury by those wearing goggles.
6. When large numbers of pupils complain of eye irritation it is likely to be a chemical imbalance which can be easily rectified.
7. In the rare circumstances where the use of goggles are allowed in a school, as described in (paragraph 3), the adult responsible for the group has the right to require the pupil to remove them for reasons of safe practice if a pupil uses them inappropriately.
8. It is a parents' responsibility to ensure their child is able to safely apply and remove the goggles.
9. Certain elements of our Award Scheme do require pupils to remove their goggles.
10. A medical certificate is not essential for a school to allow a pupil to use goggles. However, schools do, as a minimum, require a letter from a parent/carer stating the pupil's 'exceptional circumstances' to enable a school to consider a request for their child to use goggles during a school swimming activity. The letter should then be kept on file in school.
11. Please note - it is important that all parents of children who swim under the care of a school have access to these guidance notes prior to commencing a swimming activity. This will ensure that parents are aware of the current Safe Practice in Sport guidelines that are referred to in this document concerning the use of goggles.

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